

MAT STANDARDS IMPLEMENTATION PLAN

This MAT Standards Implementation Plan has been produced to set out actions being taken in the Integration Authority area:

(Integration Authority Area)
East Ayrshire

The lead officer/postholder nominated to ensure delivery of this Implementation Plan is:

Name	Position/Job Title
Jo Gibson	Head of Service Wellbeing and Recovery

This Plan is intended to ensure that services in the Integration Authority area are meeting the standards and the respective criteria for each standard as set out in the Drug Deaths Taskforce report: [Medication Assisted Treatment standards: access, choice, support](#) published in May 2021.

This Plan has been developed by partners and has taken account of the voices of lived and living experience. The Governance arrangements for local oversight of progress against this Plan, including the role of lived and living experience in this is as follows:

(Summary of governance arrangements for local oversight)

East Ayrshire ADP's governance arrangements are via IJB (and COG) as part of the health and wellbeing delivery of the local community plan (2015-2030).

Locally, this governance translates to quarterly reporting to IJB (and COG)

Internally within the ADP, a sub group of the ADP provides expert guidance to the ADP advisory group for oversight of MAT provision prior to submission to the ADP's Governance advisory group then full ADP committee for approval. The ADP are working closely with our local recovery network who are in the process of constituting a lived and lived experience panel who will sit alongside the advisory group for scrutiny, oversight and review.

This Plan has been signed off on behalf of the delivery partners by:

Name	Position	Delivery Partner	Date signed
Eddie Fraser	Chief Executive	East Ayrshire Council	06/10/2022
Craig McArthur	Director of Health and Social Care	East Ayrshire Health and Social Care Partnership	06/10/2022
Claire Burden	Chief Executive	NHS Ayrshire and Arran	06/10/2022

MAT Standard 1	All people accessing services have the option to start MAT from the same day of presentation.	This means that instead of waiting for days, weeks or months to get on a medication like methadone or buprenorphine, a person with opioid dependence can have the choice to begin medication on the day they ask for help.
April 2022 RAG status Amber		
Actions/deliverables to implement standard 1		Timescales to complete
Conduct a mapping of the MAT standards in Ayrshire and Arran justice settings (that link prison, police custody and the community) to identify current areas of good practise and improvement actions		31 December 2022
Await the outcome and learning from national developments taking place across HMP Perth and local developments with the East Ayrshire ADP in relation to police custody in order to improve MAT delivery in justice settings across Ayrshire & Arran		31 December 2022
Implement tests of change across justice settings with a particular focus on MAT standards 2, 3 and 8 and share learning		28 th February 2023
Leads for justice settings engage with their local IM&T and data systems leads and Julie Wales (MAT data lead) to put in place numerical processes to report on MAT delivery in justice settings to MIST		28 th February 2023
Leads for justice settings engage with the ADP Experiential Leads to put in place processes to report on MAT experience in justice settings to MIST		28 th February 2023

MAT Standard 2	All people are supported to make an informed choice on what medication to use for MAT and the appropriate dose.	People will decide which medication they would like to be prescribed and the most suitable dose options after a discussion with their worker about the effects and side-effects. People will be able to change their decision as circumstances change. There should also be a discussion about dispensing arrangements and this should be reviewed regularly.
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 2		Timescales to complete
Scale Up provision of long acting injectable buprenorphine		April 2023
Increase access to advocacy services during assessment phase		April 2023
Continue ongoing delivery of choice in medication prescribing		April 2023

MAT Standard 3	All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.	If a person is thought to be at high risk because of their drug use, then workers from substance use services will contact the person and offer support including MAT.
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 3		Timescales to complete
Expand geographical location of the East Ayrshire Recovery Hub – Peer Engagement Workers.		April 2023
Expand geographical location of East Ayrshire NHS Addiction staff.		April 2023
Increase peer outreach workers		April 2023
Continue to identify those most at risk of drug related harm		April 2023

MAT Standard 4	All people are offered evidence-based harm reduction at the point of MAT delivery.	While a person is in treatment and prescribed medication, they are still able to access harm reduction services – for example, needles and syringes, BBV testing, injecting risk assessments, wound care and naloxone.
April 2022 RAG status GREEN		They would be able to receive these from a range of providers including their treatment service, and this would not affect their treatment or prescription.
Actions/deliverables to implement standard 4		Timescales to complete
Expand geographical locations for delivery of the three core harm reduction measure (take home naloxone, injection provision equipment and blood borne virus testing and the additional harm reduction measures (assessment of injection risk, wound assessment and treatment and reproductive and sexual health counselling and advice) available at the same place and time as MAT Appointments.		April 2023
Increase accessibility to IEP outreach bus by increased hours of operation		April 2023
Continue delivery of harm reduction interventions at the point of MAT delivery		April 2023

MAT Standard 5	All people will receive support to remain in treatment for as long as requested.	A person is given support to stay in treatment for as long as they like and at key transition times such as leaving hospital or prison. People are not put out of treatment. There should be no unplanned discharges. When people do wish to leave treatment they can discuss this with the service, and the service will provide support to ensure people leave treatment safely.
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 5		Timescales to complete
Develop models to retain people in services for as long as they request.		April 2023
Integrate peer recovery workers alongside services to support long term engagement		April 2023
Continue and maintain individuals to remain in treatment for as long as requested		April 2023

MAT Standard 6	The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.	This standard focuses on the key role that positive relationships and social connection have to play in people's recovery. Services recognise that for many people, substances have been used as a way to cope with difficult emotions and issues from the past. Services will aim to support people to develop positive relationships and new ways of coping as these are just as important as having the right medication.
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 6		Timescales to complete
Increased Structured Psychological Interventions to address mild to moderate comorbid mental health issues.		April 2023
Continue to deliver and develop evidence based psychosocial interventions		April 2023

MAT Standard 7	All people have the option of MAT shared with Primary Care.	People who choose to will be able to receive medication or support through primary care providers. These may include GPs and community pharmacy. Care provided would depend on the GP or community pharmacist as well as the specialist treatment service.
April 2022 RAG status RED		
Actions/deliverables to implement standard 7		Timescales to complete
Expand and enhance the primary care (GP and Pharmacist) element of the current Ayrshire and Arran (A&A) wide Opiate Replacement Therapy (ORT) prescribing and support model (shared with specialist treatment services) in order to meet MAT standard 7		To be fully implemented by 31st March 2024
Identify the additional funding required for enhanced Primary Care (GP and Pharmacist) support within the current A&A ORT and enhanced MAT models of delivery		31 st October 2022
Develop a national agreement for the delivery of MAT services through community pharmacy establishing the role of the community pharmacy workforce in patients' shared care wider clinical team – to include expansion of existing arrangements around patient treatment response monitoring, communication and information sharing, naloxone holding and supply and harm-reduction interventions.		To be fully implemented by 31 st March 2024 (dependant on national acceptance)
Implement pharmacy-based MAT clinics with a model of primary care administration of OST via the community pharmacy network. Engagement of independent contractors to be scoped and funding to be identified for intervention		To be fully implemented by 31 st March 2024 (dependant on funding being approved)
Engage with national thematic groups and reflect on any learning and implement improvement actions, as identified, to enhance and expand our MAT interventions shared with Primary Care		ongoing

MAT Standard 8	All people have access to independent advocacy and support for housing, welfare and income needs.	People have the right to ask for a worker who will support them with any help they need with housing, welfare or income. This worker will support people when using services, make sure they get what best suits them and that they are treated fairly.
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 8		Timescales to complete
Expand ‘Rights Based Advocacy Support’ within treatment services		April 2023

MAT Standard 9	All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.	People have the right to ask for support with mental health problems and to engage in mental health treatment while being supported as part of their drug treatment and care.
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 9		Timescales to complete
Review existing protocols and care pathways between mental health and alcohol and drug services and implement improvement plans as required.		31 st March 2024

MAT Standard 10	All people receive trauma informed care.	<p>The treatment service people use recognises that many people who use their service may have experienced trauma, and that this may continue to impact on them in various ways.</p> <p>The services available and the people who work there, will respond in a way that supports people to access, and remain in, services for as long as they need to, in order to get the most from treatment. They will also offer people the kind of relationship that promotes recovery, does not cause further trauma or harm, and builds resilience.</p>
April 2022 RAG status GREEN		
Actions/deliverables to implement standard 10		Timescales to complete
Enhance support and training for psychologically informed treatment and trauma informed care.		April 2023
Conduct work force development exercise in partnership with the newly appointed Trauma Informed Care Lead Officer.		April 2023